

PRESENTED BY
MENTOR
the power to transform



SPECTRUM
A STEP UP

SANTA BARBARA TRIATHLON WOMEN-ONLY SPRINT

Amanda Nicolato

**FIFTH-
S-
R**



©BAYSIDE

2006



A BENEFIT FOR



FINISH TIME: 0:44:48

SWIM	T1	BIKE	T2	RUN
0:10:20	0:01:52	0:16:30	0:01:48	0:14:19