

PRESENTED BY
MENTOR
the power to transform



SPECTRUM
A STEP UP

SANTA BARBARA TRIATHLON WOMEN-ONLY SPRINT

Michelle Lafond-Brown

**FIFTH-
S-
R**



©BAYSIDE

2006



A BENEFIT FOR



FINISH TIME: 0:53:46

SWIM	T1	BIKE	T2	RUN
0:11:36	0:02:06	0:20:56	0:01:54	0:17:16